

EASTBOURNE INDOOR BOWLS CLUB

Breakfast

ALL DAY BREAKFAST £7.00

(2 sausages, 2 bacon, 1 egg, mushrooms, hash brown, beans & tomato)

Toast or fried bread. Tea or coffee

SMALL BREAKFAST £5.00

(1 sausage, 1 bacon, 1 egg, beans or tomato, toast or fried bread)

Tea or coffee

HEALTHY OPTION £4.80

Bacon (fat removed)

Grilled tomatoes, mushrooms, scrambled egg or poached

Tea or coffee

ON TOAST £3.30

BEANS

SCRAMBLED EGG

POACHED EGG

MUSHROOMS

JUST TOAST

1 SLICE £1.50 OR 2 SLICES £2.00

(with choice of jam, marmalade or marmite)

FOOD ALLERGY NOTICE. IF YOU HAVE A FOOD ALLERGY OR SPECIAL DIETARY REQUIREMENT PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM

EASTBOURNE INDOOR BOWLS CLUB



SANDWICHES

AVAILABLE ON WHITE, BROWN OR GRANARY BREAD

FRESH FROM LOCAL BAKERY

ALL SERVED WITH SALAD GARNISH & CRISPS

(EXTRA FILLING 50P)

CHOICE OF :

CHEESE OR EGG MAYO	£2.50
HAM OR TUNA MAYO	£3.00
PRAWN WITH MARIE SAUCE	£3.30
CORONATION CHICKEN	£3.30
BLT	£3.30
BACON OR SAUSAGE	£3.30
FISH FINGER	£3.50
SAUSAGE, BACON AND EGG	£4.40

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TOASTIES

ALL £3.50

CHEESE WITH EITHER TOMATO OR ONION

CHEESE & HAM

HAM

LIGHT BITES

CHEESE ON TOAST £2.80

BOWL OF CHIPS £2.20

CHEESEY CHIPS £2.80

TOASTED TEA CAKE £2.00

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JACKET POTATOES

WITH CHOICE OF ONE FILLING & SALAD £6.00

(TUNA, CHEESE, BEANS, CORONATION CHICKEN, PRAWN MAYO)

EXTRA FILLING 50P

SALADS

HAM, EGG, CHEESE, TUNA, £6.00

SALAD: LETTUCE, TOMATO, CUCUMBER, PEPPER, BEETROOT, ONION,
COLESLAW.

CAKES, CRISPS & CHOCOLATE BARS (as priced)

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MAINS

WITH CHOICE OF CHIPS OR SALAD

£6.00

(EXTRA FILLING 50P)

HAM AND EGG

SAUSAGE AND BAKED BEANS

OMELETTE WITH ONE FILLING

(MUSHROOM, CHEESE, HAM, TOMATO, ONION OR PEPPER)

LASAGNE, MEAT OR VEGETABLE

MACARONI CHEESE

SCAMPI £6.50

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