

EASTBOURNE & DISTRICT INDOOR BOWLS CLUB

MENU FOR 2023/2024

FOOD ALLERGY NOTICE

IF YOU HAVE A FOOD ALLERGY OR SPECIAL DIETARY REQUIREMENT,
PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM.

BREAKFAST

STANDARD BREAKFAST

MEMBERS PRICE £5.35 NON-MEMBERS PRICE £5.95

1 SAUSAGE (G/F AVAILABLE)

1 BACON

1 EGG

BEANS OR TOMATO GRILLED OR TINNED

1 SLICE TOAST OR FRIED BREAD (G/F AVAILABLE)

TEA OR FILTER COFFEE

ADD TO OR BUILD YOUR OWN BREAKFAST

MEMBERS PRICE 90P ITEM NON-MEMBERS £1 ITEM

SAUSAGE

MUSHROOMS

BACON

TOAST OR FRIED BREAD

EGG

TOMATOES

HASH BROWN

BAKED BEANS

(G/F BREAD & SAUSAGES AVAILABABLE)

HEALTHY OPTION (G/F)

MEMBERS PRICE £4.70 NON-MEMBERS £5.20

2 BACON (FAT REMOVED) GRILLED TOMATO

1 POACHED EGG MUSHROOMS

TEA OR FILTER COFFEE

ON TOAST

MEMBERS PRICE £4.25 NON-MEMBERS PRICE £4.70

SCRAMBLED EGG

BAKED BEANS

MUSHROOMS

FRIED EGG

BACON OR SAUSAGE SANDWICH

MEMBERS PRICE £4.25 NON-MEMBERS £4.70

TOAST

(BUTTER, JAM OR MARMALADE)

1 SLICE

MEMBERS PRICE £ 1.70 NON-MEMBERS PRICE £1.95

2 SLICES

MEMBERS PRICE £ 2.20 NON-MEMBERS PRICE £2.45

SANDWICHES

	MEMBERS PRICE	NON-MEMBERS PRICE
CHEESE	£3.00	£3.30
EGG MAYO	£3.00	£3.30
HAM	£4.00	£4.40
TUNA MAYO	£4.50	£4.95
PRAWN MAYO	£4.50	£4.95
CORONATION CHICKEN	£4.50	£4.95
BLT	£4.25	£4.70
FISH FINGER BAP	£4.25	£4.70

SANDWICHES AVAILABLE ON WHITE OR MALTED BREAD **GLUTEN FREE ALSO AVAILABLE**

PANINIS

	MEMBERS PRICE	NON-MEMBERS PRICE
CHEESE	£4.00	£4.40
CHEESE & HAM	£4.50	£4.95
BACON BRIE & CRANBERRY	£4.50	£4.95
TUNA MELT	£4.70	£5.15

MAINS

MEMBERS PRICE £7.20

NON-MEMBERS PRICE £7.95

JACKET POTATO

(Served with ONE filling & side salad)

BEANS, CHEESE, TUNA, CORONATION CHICKEN, PRAWN MAYO

HOMEMADE MACARONI CHEESE

(Served with veg or salad)

OMELETTE

SERVED WITH CHIPS & CHOICE OF ONE FILLING

(HAM, CHEESE, MUSHROOM, TOMATO)

HOMEMADE LASAGNE

(SERVED WITH VEG OR SALAD)

HAM EGG & CHIPS

LIGHT BITES

MEMBERS PRICE

NON-MEMBERS PRICE

BOWL OF CHIPS **£2.50** **£2.75**

CHEESY CHIPS **£3.50** **£3.85**

SOUP OF THE DAY

MEMBERS PRICE £4.25

NON-MEMBERS PRICE £4.70

**CAKES, SAUSAGE ROLLS, PASTIES, CRISPS, CHOCOLATE BARS &
SNACKS ARE AVAILABLE FROM SERVERY PRICES AS MARKED**